



The Creech

magazine

2026



HOW MANY CADDYSHACK
REFERENCES CAN YOU FIND?

ADVERTISE **HERE**



**36,000+
ROUNDS
PLAYED
ANNUALLY**

**AMAZING
EXPOSURE**

**Put Your Brand
In Motion!**

Your Brand. Every Hole. All Year.

Put your business in motion with a full vinyl golf cart wrap— a rolling billboard seen all across the course, every single day! From the first tee to the 18th green, clubhouse events and tournaments - get your message delivered to thousands of professionals, families, community leaders, and decision-makers.

What You Get.

- ✓ **Full Cart Vinyl Wrap**
- ✓ **12 Months Exposure**
- ✓ **Daily On-Course Visibility**
- ✓ **Professional Print Quality**
- ✓ **Professional Installation**

Why It Works.

- ✓ **Total Coverage** - Your brand wraps the entire cart
- ✓ **Captive Audience** - 2 - 4 hours exposure per round
- ✓ **High Frequency** - repeated impressions
- ✓ **Premium Placement** - high impact branding

Additional advertising opportunities such as Tee Marker Signs, Website Ads, Driving Range Balls, Scorecards, Pro Shop Signage and more are also available!

Contact

Tracy Tinsley - Commercial Sponsorship Coordinator

☎ 618-256-3766 | ✉ tracy.tinsley.1@us.af.mil

From The Manager



Your Best Season Ever Awaits:

Welcome Back to a Bolder Cardinal Creek in 2026!

The entire team at Cardinal Creek is thrilled to welcome you back for what promises to be our most extraordinary golf season yet. Last year, you helped us shatter every record. Together, we achieved an unprecedented 36,622 rounds of golf and generated over \$2,000,000 in revenue.

What does that success mean for you? It means we've reinvested directly back into your experience. Get ready to see course teebox changes, updated bridges and play on grounds maintained by state-of-the-art equipment. Your peace of mind is secured with new flood barriers, and your post-round celebrations will be elevated with a spectacular new entertainment patio—set to be completed by spring. Thanks to you, we are once again ranked among the elite golf courses in the entire Air Force, and we are committed to exceeding that standard every single day.

Clear Your Calendar: A Year of Unforgettable Events

This is the year to get involved. We've crafted a schedule with more than 35 special events and premier tournaments designed for every type of player. Now is the time to mark your calendars for experiences like:

- » **The "Concerts at the Creek" Series:** Enjoy FIVE incredible evenings of LIVE MUSIC on our stunning new entertainment patio.
- » **Heated Competition:** Battle it out in our two-day "Ryder Cup" style showdown against Ft. Leonard Wood.
- » **Unique Golf Experiences:** Don't miss the magic of NIGHT GOLF, our thrilling Holiday Scrambles, and the ultimate test of skill in the Superintendent's Revenge.
- » **Championship Glory:** Vie for the title in our Annual Club Championship on Columbus Day weekend.
- » **Social & Fun:** Join our popular Couples Summer Series Events or find your new foursome in one of our 2026 leagues.

This isn't just a list of dates; it's your ticket to making new friends, creating lasting memories, and playing more of the game you love.

Your Path to Better Golf Starts Now

We want 2026 to be the year you not only play more golf but play better golf. Consider this your personal guide to unlocking your potential and maximizing your enjoyment on the course. Results are guaranteed.

- Embrace the Off-Season** Don't let your clubs gather dust! Use warmer winter days to hit the range or play a relaxed 9 holes. Swing freely without the pressure of the scorecard.

- Master the Putt** The shortest club in your bag has the biggest impact on your score. Practice your putting anywhere—on our green, in your office, or even in front of the TV during football season. Imagine the confidence you will gain.

- Set Your Sights on a Goal** What does success look like for you this year? Is it finally breaking 100, 90, or even 80? Is it competing in the Club Championship? It's not about winning; it's about the thrill of the challenge and the pride of accomplishment.

- Play Faster, Play Better** The best players are decisive. Be ready to hit when it's your turn (aim for under 30 seconds). Read your putt while others are playing. When you play with pace, you stay in rhythm, your mind stays sharp, and your enjoyment skyrockets.

This season, prepare to play your best, connect with your community, and enjoy the game more than ever before.

As one of the greats, Ty Webb, famously said:

"I'm going to give you a little advice. There's a force in the universe that makes things happen. And all you have to do is get in touch with it, stop thinking, let things happen, and be the ball."

Fairways and Greens,

James E. McCormick

General Manager / PGA Professional



2024 PGA of America Gateway Section Patriot Award Winner

2022 Air Force Golf Manager of the Year

1192 Golf Course Road, SAFB IL
(618) 744-1400 • (618) 256-2385

[f@cardinalcreek](#)

Enroll Now!

Take SWIC classes at Scott Air Force Base!
Active-duty, military dependents and civilians welcome.



- CCAF Degree approved • Affordable tuition
- Evening and 8-week classes

For More Information:

- Scan the **QR Code**
- swic.edu/safb
- 618 - 641- 5056



Scan Me



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**WE OFFER 10% OFF SELECT SERVICES FOR ACTIVE DUTY,
RETIRED MILITARY, AND THEIR FAMILIES**



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COMPLIMENTARY CONSULTATION

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medical aesthetics



Contents

| | |
|---------------------------------|-------|
| Schedule of Events | 06 |
| 2026 Events | |
| Welcome | 7-8 |
| Stats and Rates | |
| Pro Shop & Golf Range | 9-10 |
| Stretching For Golf | 11 |
| Simple Pre-Round Routine | |
| Investing In Our Golf Community | 13-14 |
| Major Course Improvements | |
| Spring Kick-Off Tournament | 15 |
| Small Decision, Big Impact | 16 |
| Club Fitting Day | 17 |
| Triple 6 Tournament | 18 |

| | |
|--|-------|
| Play Golf Ready | 19 |
| Three Simple Etiquette Rules | |
| Family Golf Time | 21 |
| AGF Membership Benefits & Enrollment | 23-25 |
| CCGC Holiday Scrambles | 26 |
| 4 Reasons to Join Leagues | 29 |
| CCGC 2026 Leagues | 30 |
| Summer Concert Series | 31 |
| Skybox Boardroom Suite | 32 |
| Why Are Iron Headcovers So Divisive | 33-34 |
| Couples Summer Series | 35 |
| Top 5 Most Expensive Courses In The U.S. | 36 |
| CCGC Cafe | 37 |
| Professional Outings and Fundraising | 38 |
| Catering & Social Events | 39-40 |
| Let's Cook | 41-42 |
| Have You Bought A New Car Lately | 43-44 |

| | |
|---|-------|
| Red Tee Box Tournament | 45 |
| Red White Blue Tournament | 46 |
| Parent & Child Tournament | 47 |
| Gateway PGA Junior Tour | 48 |
| Annual Night Golf Tournament | 50 |
| Ryder Cup | 51 |
| 2025 Club Championship Tournament Results | 52 |
| Education, Athletics, Teaching & Coaching | 53 |
| CCGC Club Championship | 54 |
| Superintendent's Corner | 55 |
| Superintendent's Revenge Tournament | 56 |
| PGA Reach & Hope | 57 |
| PGA Hope Clinics | 58 |
| Get More Golf Out Of Your Time | 59-60 |
| CCGC Adult/Junior Lessons | 61-64 |
| Quick Pocket Golf Tips | 65 |
| Power Points Of The Golf Swing | |
| PGA Juniors Camp | 66 |
| Beginner's Golf Lessons | 67 |

Cardinal Creek is Open Daily*—with access to the base and local communities. We provide Championship Greens, and Exceptional Customer Service!

Visit our Pro Shop for the best gear and apparel!

The Cafe has the best burgers on base, plus a variety of menu items.

* Exception - Caddy Day, July 3, 10a-10:15a

Course Open Daily ... Dawn to Dusk*

Pro-Shop Hours:

Summer Monday - Friday · 7 am - 7 pm
Saturday, Sunday, Holiday · 6 am - 7 pm
*Winter Daily · 8 am - 4 pm

Café Hours:

Summer Monday - Sunday · 7 am - 1:30 pm
*Winter Monday - Friday · 7 am - 1:30 pm
CLOSED HOLIDAYS

* Weather Permitting | ** Events and Parties Booked by Appointment Only

VISIT US ONLINE!



Major Events

at Cardinal Creek Golf Course



SPRING

- March 11 Spring Mixer (Golf & Bowling)
- March 24 & 26 PGA Hope Clinic (pg 58)
- March 28 Spring AGF Member Clean Up Day
- March 31 Ladies League Meeting
- April 4 Gateway Junior PGA (pg 48)
- April 11 Spring Kick-Off Tournament
- April 18 Club Fitting & Apparel Show
- April 21 Ladies Golf Clinic
- May 9-10 Mother's Day Special - Mom's Play Free!
- May 16 National Golf Day: Triple 6 - 2 Person Tournament
- May 25 Memorial Day Scramble

SUMMER

- June 12 Concerts at the Creek #1
- June 13 Ping Golf Demo & Fitting Day
- June 19 Gateway Junior PGA (pg 48)
- June 19 Couples Summer Series: 1 of 3 (9 Hole Event)
- June 20 Red Tee Scramble
- July 3 Caddy Pool Day - 10:00a
- July 4 4th of July Scramble
- July 10 Concerts at the Creek #2
- July 17 Couple Summer Series: 2 of 3 (9 Hole Event)
- July 18 Red, White & Blue Tournament
- July 31 Gateway Junior PGA (pg 48)
- August 1 Parent/Child Tournament
- August 4 & 6 PGA Hope Clinic (pg 58)
- August 7 Concerts at the Creek #3
- August 8 PGA Hope Clinic (pg 58)
- August 15-16 Scott AFB vs Ft Leonard @ FTL (AF vs Army)
- August 21 Couples Summer Series: 3 of 3 (9 Hole Event)
- September 7 Labor Day Scramble
- September 11 Concerts at the Creek #4
- September 18 Fall Fest - SAFB

FALL

- September 19 Annual Night Golf Tournament
- September 22 PGA Hope Clinic (pg 58)
- September 24 PGA Hope Clinic (pg 58)
- September 26 Mascoutah High School - Cardinal Creek Classic
- October 9 Concerts at the Creek #5
- October 9-11 Club Championship Weekend
- October 17 **NEW** Couples Year End Championship
- November 7 Superintendent's Revenge Tournament
- December 5 Holiday Scramble
- December 9 AGF Holiday Open House

New Date!

Annual Spring Mixer | mar 11

Course Clean-Up Day | mar 28

Club Fitting Day | apr 18

Couple Summer Series | jun 19
jul 17
aug 21

Summer Concerts at the Creek | jun 12
jul 10
aug 07
sep 11
oct 9

Club Champ Weekend | oct 9-11

New!

Couples Year End Champ | oct 17

Welcome to

Cardinal Creek

Golf Course

Cardinal Creek delivers a golf experience like no other! Golfers can enjoy one of the finest 18-hole courses in the St. Louis metro area while taking in the excitement of playing right next to the active Scott Air Force Base runway.

The course stretches nearly 6,500 yards from the Championship tees and features four standard tee sets along with two family-friendly options. This thoughtful design ensures a challenging round for experienced players while providing an enjoyable and approachable game for beginners.



BOOK TEE TIMES @ WWW.375FSS.COM/GOLF

COURSE FEATURES

1. Range Grass Hitting Surface
2. Mat Turf Hitting Surface
3. Range Practice Pass Options
4. Two Large Putting Greens
5. Renovated Practice Chipping Green
6. Practice Sand Bunker
7. Six Tee Levels
8. Four AGF Membership & Pass Options
9. Professional Outings & Tournaments
10. Junior & Adult Golf Lessons
11. Restaurant & Lounge
12. Banquet & Catering Services
13. Meeting Rooms
14. Family Friendly Course
15. Fling Golf
16. PGA Professional Staff
17. Bishop "Fred's" Lounge
18. Executive Boardroom



Daily Golf Rates

| | WALK | CART |
|--|------|------|
| • 18 Holes -- Golf / Fling Golf | 34 | 52 |
| • 9 Holes -- Golf / Fling Golf | 26 | 38 |
| • Retirees (M-F) -- Golf / Fling Golf | 34 | 44 |
| • Twilight Golf (after 2:00 pm) | 26 | 38 |
| • Evening Leagues (after 4:30 pm) | 26 | 34 |
| • Super Twilight Golf (after 5:00 pm) | 26 | 34 |
| • E1 - E4: 18 Holes -- Golf / Fling Golf | Free | 18 |
| • E1 - E4: 9 Holes, Fling Golf, Twilight, Super Twilight | Free | 12 |

-- 17 & Under Guests - Play Free w/Paid Adult (carts not included)
 -- Guests pay \$2 more for Green Fee Only

Daily Cart Fees

| | DAILY | AGF |
|------------|-------|-----|
| • 18 Holes | 18 | 16 |
| • 9 Holes | 12 | 11 |





Range Balls

| | DAILY |
|----------------------|-------|
| • Extra Large Bucket | 22 |
| • Large Bucket | 18 |
| • Small Bucket | 14 |

Daily Promotions & Programs

- Kids Play Free**
Any child plays free with paid adult
- Sunday Funday**
Range Balls & Fling Golf are Free
- Airmen Play Free**
Golf & Club Rentals free for E1-E4

Course Stats

| | |
|---|--------------------------------|
|  | Black Tees - 6471 Yards |
| | Men 72.0 / 123 |
| | Women 76.7 / 132 |
|  | Blue Tees - 6172 Yards |
| | Men 70.3 / 122 |
| | Women 75.1 / 128 |
|  | White Tees - 5387 Yards |
| | Men 66.1 / 121 |
| | Women 71.3 / 121 |
|  | Red Tees - 5016 Yards |
| | Men 64.3 / 114 |
| | Women 69.5 / 115 |



Pro Shop & Golf Range

Elevate Your Game at the Cardinal Creek Golf Pro Shop

Step into the Cardinal Creek Golf Pro Shop—your ultimate destination for everything golf!

Top Gear, Top Brands

From the latest clubs and premium balls to stylish apparel and must-have accessories, our shelves are stocked with trusted names that golfers love.

Personalized Service

Looking for the perfect fit? Our PGA expert staff offers custom club fittings and tailored recommendations to help you play your best and look sharp on the course.

An Experience That Matches the Course

Shopping here isn't just about gear—it's about elevating your entire golf experience. Discover quality products and friendly service that reflect the excellence of Cardinal Creek.

Shop Smart: ZERO Sales Tax!

Enjoy unbeatable value while upgrading your game.

Pro Services You Can Count On!

- ✓ Latest Golf Tech
- ✓ Club Trade-In Program
- ✓ PGA Professional Staff
- ✓ Custom Club Fittings
- ✓ Full Service Club Repair
- ✓ FREE Bowl of Soup with Fedora Purchase



Enjoy A State-Of-The-Art Facility

- ◇ Grass & Mat Hitting Area
- ◇ Separate Pitching & Chipping Greens
- ◇ Sand Bunker
- ◇ Range Touch Screen
- ◇ Large Putting Green



Perfect Your Swing All Year Round at our Professional Range

Step Into Your Best Swing!

Whether you're fine-tuning your drive or just enjoying a relaxed day on the tees, our golf range offers a clean, comfortable, and welcoming space for every level of player. With well-maintained turf, durable artificial mats for all-weather practice, and plenty of room to focus on your form, it's the perfect place to sharpen skills, unwind, and keep your game strong year-round.

Hit the range your way!

Purchase range balls in our pro shop using cash, credit, or save big with pre-paid cards.

- 3 Convenient Bucket Sizes
- 4 Easy Payment Options
- 1 Money-Saving Yearly Membership

Range Rates

... Bucket Price

- Extra Large Bucket 22
- Large Bucket 18
- Small Bucket 14

... Pre-Paid Card

- | | | |
|----------|-----|-----|
| • Eagle | 475 | 575 |
| • Birdie | 375 | 450 |
| • Par | 225 | 275 |

... ARF Membership

UNLIMITED BALLS

- Annual 860
- AGF Add-On 660

*pricing subject to change



Try Our Yearly Unlimited Range Ball Membership (ARF)!



Try Our Artificial Driving Range Mats!

Stretching for Golf



A simple pre-round routine to protect your body and improve your game.

by Jerry Szpila | CCGC Pro Shop Team Member

The best baseball coach I ever had was in college, and his philosophy was simple: always stretch properly before practice or a game. He believed a solid stretching routine not only helped prevent injury, but also helped the entire team perform better. That philosophy carries over perfectly to golf, where flexibility, balance, and mobility are essential to a consistent swing.

Fortunately for me, my son and daughter-in-law are both medical doctors—and avid golfers whenever their schedules allow. I asked them to recommend a pre-golf stretching routine that wouldn't require lying on the ground or taking an unreasonable amount of time. Their prescription was straightforward: eight stretches, held for 30 seconds each. Even without using "mulligan math," the entire routine takes just six to eight minutes.

"A good stretching routine doesn't have to be complicated—just consistent."

Plan ahead so you're not rushing to the tee. And if you're anything like me, you may find yourself repeating a few of these stretches around the 12th hole as your body starts to tighten up. The bottom line is simple: a good stretching routine helps both your body and your game.

Have fun—and play well.



First Tee Tips

- ✓ Start slowly and build intensity
- ✓ Maintain proper posture and alignment
- ✓ Never force a stretch or push through pain
- ✓ Six to eight minutes is plenty
- ✓ Finish with a few relaxed practice swings

Four Dynamic Warm-Ups → Dr. Beeper Recommended

1 - Arm Circles

Perform small and large arm circles forward and backward, gradually increasing the size and speed.

- 30 seconds forward, 30 seconds backward

2 - Leg Swings

Stand with feet shoulder-width apart and swing one leg forward and backward, then side to side. Engage your core for stability.

- 30 seconds per leg



3 - Torso Swings

Hold a golf club across your shoulders. Gently bend your torso to the right, pointing the clubhead toward the ground, then to the left, pointing the grip toward the ground.

- 30 seconds

4 - Lunges with a Twist

Step forward into a lunge and twist your torso toward the front leg. Repeat on the opposite side.

- 30 seconds per leg

Four Key Stretching Areas

1 - Shoulders

Pull one arm directly across your body using the opposite hand until you feel a stretch.

- 30 seconds per shoulder

2 - Leg (Hamstrings)

Reach for your toes while keeping your legs as straight as possible.

- 30 seconds

3 - Back (Thoracic Rotations)

Rotate your torso along the spinal axis as far as comfortable in each direction.

- 30 seconds

4 - Wrists

Extend your arms forward at shoulder height. Rotate wrists inward, then outward.

- 30 seconds per rotation



Callaway
V

QUANTUM

FEATURING

— TRI-FORCE —



**A QUANTUM LEAP
IN DISTANCE**

Investing in our Golf Community

Review of the 2025 Updates and Major Improvements plus looking ahead to 2026

by James McCormick | CCGC Manager

A Season of Momentum

Cardinal Creek experienced a standout season—one defined not just by progress, but by meaningful transformation. Every corner of our operation saw thoughtful improvements that strengthened our reputation as one of the Air Force’s premier golf programs.

Our work spanned three major focus areas: Equipment Upgrades, Course Improvements, and Facility Enhancements. Across these priorities, we completed 9 major projects, each contributing to a more efficient, more enjoyable experience for our golfers.

A major highlight was the arrival of 38 new golf carts, a game-changing addition that improved fleet reliability and elevated the pace and comfort of play. Combined with our course and facility upgrades, these enhancements have raised the standard of daily operations and enriched the overall environment for our community.

Building on Success in 2026

Our commitment to excellence continues with an ambitious slate of projects planned for 2026, including more Equipment Upgrades, Course Enhancements and Facility Renovations. These projects reflect our unwavering dedication to maintaining and improving Cardinal Creek’s exceptional standards.

The momentum doesn’t stop here. Looking ahead, we’re preparing for another ambitious year with plans for additional equipment upgrades, expanded course enhancements, and continued facility renovations. These initiatives reflect our ongoing commitment to excellence and our dedication to preserving the high standards that define Cardinal Creek.

As we move into 2026, our focus remains clear: to deliver an exceptional golfing experience for our Air Force community and every guest who steps onto our course.



2025 STATS

446 MEMBERS **+48** NEW MEMBERS IN 2025 ALONE

36,622 ROUNDS OF GOLF PLAYED

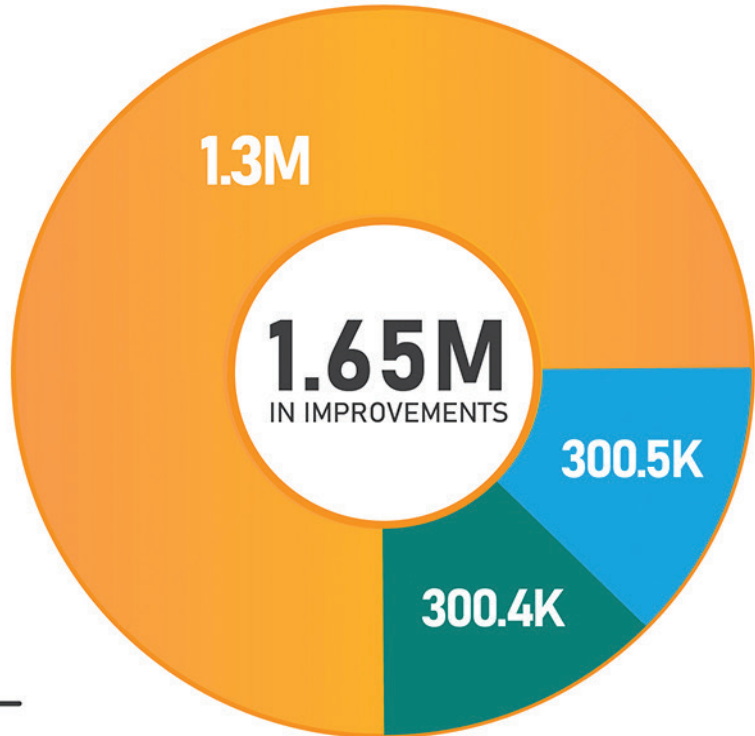
1,344,384 RANGE BALLS HIT **6** LEAGUES

94 GOLF TOURNAMENTS
HOSTED **11,261** PEOPLE
346 MEETINGS, EVENTS & PROMOTIONS

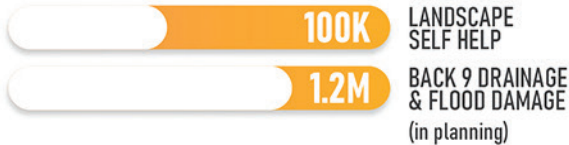
2025 MAJOR IMPROVEMENTS

IMPROVEMENTS

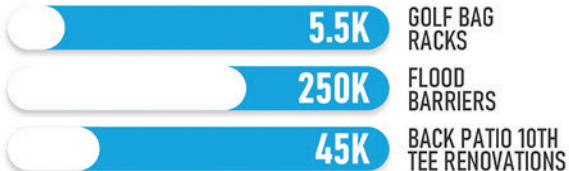
- COURSE
- EQUIPMENT
- CLUBHOUSE



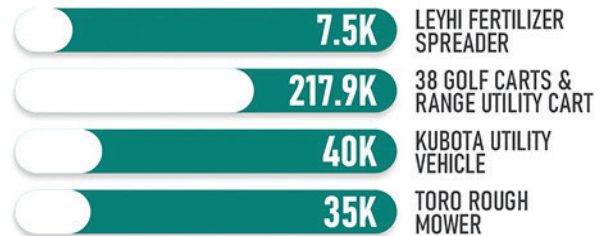
COURSE



CLUBHOUSE

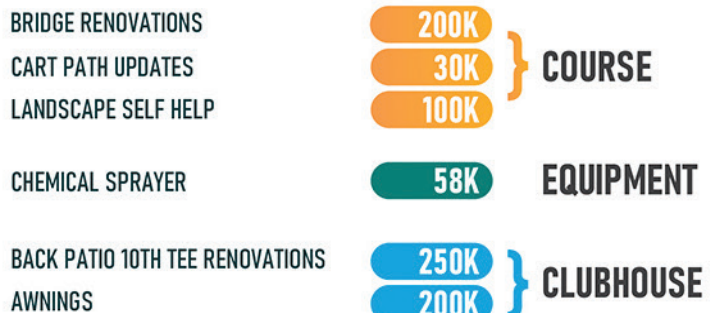


EQUIPMENT



3 CORE AREAS OF IMPROVEMENT | **TOTAL PROJECTS 9**

2026 UPCOMING IMPROVEMENTS



IT'S THE
START OF
THE GOLF
SEASON

CARDINAL CREEK GOLF



11
april

CARDINAL CREEK
SPRING
Kick-Off

▶▶▶
10:00 am
shotgun start

4 PERSON SCRAMBLE - SCRATCH & PEORIA HANDICAPS
NO HANDICAP REQUIRED - ANYONE CAN WIN!

\$95
per Player

- FEE INCLUDES -
CART - RANGE BALLS - PRIZES - LUNCH

\$75
per AGF

BOOK NOW 



618-744-1400

Small Decision. Big Impact!



What was a small decision you made that had a big impact on your life?

by Linda Sobell | CCGC Pro Shop Team Member

Last Christmas my son and daughter in law gave me a gift of Storyworth, where I get a question each week and then write my story at the end of the year all my stories will be combined and published in a book for my granddaughter. It has been fun to think back and write a story about how I learned to drive, or what was the neighborhood I grew up in was like. One question, what was a small decision I made that had a big impact on my life threw me for a loop. This was a tough question!

Choosing to learn to play golf was a small decision but has made a huge impact in my life!

I kept coming up with ideas but after thinking about them they didn't really seem to fit the bill. But today, as I was walking off the number 15 green - it hit me! Choosing to learn to play golf was a small decision but has made a huge impact on my life! You see Sophie, when you are playing golf, you are playing against yourself. You are literally trying to improve your golf game by playing less golf.

I decided in 1998 to learn to play golf because I wanted a sport I could play into my old age. I went to the driving range at lunch every day for three months

learning to just contact the ball. A guy from the Quality Assurance Office, Art Butler, was my coach. Probably not the best idea of having just some guy who golfed teach me, but it was what I could afford at the time. So, I was pretty terrible for a long time, but when the Squadron, Caddie Tournament or organization held a golf tournament I would sign up knowing it was a scramble format (you take the best ball of the team of four and then you all hit from that position). I was not a serious golfer, but just someone who enjoyed being outside on a beautiful afternoon and trying my best.

It wasn't until after my husband retired that I started really trying to improve my game. I got golf shoes, clubs that were fitted for me, and even several lessons. But the real change in my game came when my husband had surgery and he wouldn't let me stop playing because he couldn't be with me. You see up until then I counted on my husband to help me decide which club I should use, he would help me line up to give myself the best shot. I learned to count on myself, learned my own game, and even my golf motto "I am playing with confidence - I have this shot in my bag." I started playing with lots of different people, which I would not have had the confidence to do before.

Golf has had such a huge impact because we are using our brain, exercising our bodies, and soaking in Vitamin D at the same time. As you get older it is so important to do those things, but also



golf is a very social experience. You met other golfers and become friends. Playing in league, tournaments you get to meet lots of other people that have the same love of golf that I do. Yes, the small choice of learning to play golf has indeed had a huge impact on my life and I am so happy I made that decision. I indeed will continue to play and love the game of golf well into my old age. It is my sincerest hope that you too will catch the love of golf, and we can play together!



CARDINAL CREEK GC



CUSTOM CLUB FITTING & DEMO DAY

@ CARDINAL CREEK GOLF COURSE



SATURDAY, APRIL 18

TRY THE LATEST EQUIPMENT FROM THE TOP BRANDS IN GOLF!

NEW CLUBS · NEW APPAREL
FREE GOLF CLINICS

FREE
CUSTOM CLUB
FITTINGS

CLUB FITTINGS BY APPOINTMENT ONLY

SCAN TO MAKE APPOINTMENT



FITTINGS & APPAREL FROM TOP BRANDS LIKE



COBRA PUMA GOLF



IN HONOR OF THE 2026 WORLD-WIDE
NATIONAL GOLF DAY

Triple Six

2 PLAYER TOURNAMENT



MAY 16, 2026

9:00a - Cardinal Creek Golf

Event Includes:

- Prime Rib Dinner
 - Prizes
 - Golf
 - Cart
-

Tournament Fee:

Player: \$95 | AGF: \$75

Register Online or Call the Pro Shop

TRIPLE 6 FORMAT :

HOLES 1-6
TWO PERSON
BEST BALL

HOLES 7-12
MODIFIED
ALTERNATE
SHOT

HOLES 13-18
TWO PERSON
SCRAMBLE



Play Golf Ready!

Three Simple Etiquette Rules Every Golfer Should Follow

Watch Your Playing Partners Tee Off



This one is simple: don't hit your tee shot and immediately head back to the cart. Stay and watch your playing partner(s) hit. It helps everyone. If someone hits a wayward shot, an extra set of eyes can make finding the ball faster and keep the pace of play moving. Just as important, it's a matter of respect. They watched you hit—turning and walking away the moment it's their turn sends the wrong message. Even D'Annunzio wouldn't do that.

Fix a Ball Mark—Every Time



Every golfer should fix at least one ball mark on every green, even if it isn't yours. If you make one, fix yours and one more. It takes only a few seconds and dramatically improves the quality of the putting surface. If every golfer followed this simple habit, greens across the country would be in near-perfect condition.



Simple Habits That Keep The Game Moving:

- ▶ No mulligans at any time. Use drop areas.
- ▶ Park Smart. Place the cart on the path between the green and the next tee.
- ▶ Take multiple clubs with you.
- ▶ Never record scores while on the green.
- ▶ Carry a spare ball with you.
- ▶ Hit or putt when ready. Don't wait your turn.

Always Play “Ready Golf”



Ready golf should be the standard—especially on the greens. This means hitting your shot when you're ready, rather than waiting for the player farthest from the hole. Move to your ball efficiently, assess your shot, and play as soon as it's safe. On the green, if you begin putting and miss, continue putting. Don't overthink stepping on someone's line—more than 100 golfers may play a course each day, and the likelihood of affecting another player's putt is extremely slim. Ready golf keeps rounds moving and makes the game more enjoyable for everyone.

Q: Which approach helps your enterprise outpace your adversaries?

A



B



uncomm

**DON'T LET LEGACY DRAG BLUNT
YOUR LETHALITY—BUILD SYSTEMS
THAT KEEP PACE WITH THE FIGHT.**

Paid Ad – No Federal Endorsement of Advertisers Intended

Family Golf Time

Where Family Time Meets Tee Time

Cardinal Creek's Family Course Program brings every generation together through fun, confidence, and unforgettable moments on the course.

GOLF IS MORE THAN JUST A SPORT...

It's a timeless activity that brings people together across generations. Whether it's sharing stories on the fairway, cheering each other on, or simply enjoying the outdoors, golf creates moments of connection that families cherish. Cardinal Creek's Family Course Program will allow your family to take these experiences to the next level.

BUILT FOR EVERY SKILL LEVEL

Family members of all skill levels can play golf from yardages tailored to their abilities. By ensuring everyone can participate at their own comfort level, it builds confidence, enhances enjoyment, and ensures the game flows smoothly for all.



CONFIDENCE STARTS ON THE FIRST TEE

For many beginners, golf's challenges can feel daunting. Cardinal Creek removes this barrier by offering appropriate yardages that align with each player's skill level. For younger or less experienced players, shorter yardages mean a more achievable game. As they hit the fairway and see success early on, confidence builds. Over time, this confidence translates into a love for the game and the desire to keep improving.

MORE FLOW. LESS FRUSTRATION.

One common concern for families on the course is the pace of play. By offering specific yardages with abilities, players don't feel overwhelmed or hold up the game. A steady pace means families can focus on bonding and enjoying their time together without worrying about slowing down other groups. *"Two wrongs don't make a right, but three rights make a left."*

START A TRADITION THAT LASTS

We hope you create a family tradition. Whether you're introducing golf to your children for the first time or revisiting it as a seasoned player, our course fosters an inclusive environment where everyone feels welcome. These shared experiences can spark a lifelong love for the sport and create a hobby the whole family can enjoy together.

So, gather your family, grab your clubs, and head to the course. You're not just playing golf—you're creating memories that will last a lifetime.

7 Family Golf Tips

1. Give yourself a better lie by rolling the ball around a little or use a tee every time
2. Only count the swings when you make contact with the ball
3. Move your ball away from trees, rocks & fences
4. Play a scramble with your group
5. Skip a hole and take a break
6. Bring the whole family to the course, whether they are 4 or 94
7. Play golf just for fun

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\$100
just to try
us out!*



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EARN CREDITS

For every person you refer who purchases an AGF Membership, we will credit 10% towards your AGF Renewal Membership Fees. Credit earned is limited to 100% of your AGF Membership ONLY (not applicable to cart or range packages).



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**fees subject to change*



Annual Greens Fees Player Enrollment Form

2026

New Membership - Save \$100!

Membership Date _____

Renew Membership - Do you have any referral credit?

Expiration Date _____

Team Member Name & Date _____

PERSONAL INFORMATION

Rank _____ First Name _____ Last Name _____ Birthdate _____

Street Address _____ City _____ State _____ Zip _____

Personal Email _____ Other Email _____

Home Phone _____ Mobile Phone _____ Work Duty Phone _____

Yes, I authorize Cardinal Creek Golf Course to contact me via email, text, phone, and/or standard mail regarding general golf course information, promotions, sales and other events including but not limited to tournaments, demo days, etc.

Family Member _____ Date of Birth (mm/dd/year) _____

Family Member _____ Date of Birth (mm/dd/year) _____

Family Member _____ Date of Birth (mm/dd/year) _____

Family Member _____ Date of Birth (mm/dd/year) _____

Family Member _____ Date of Birth (mm/dd/year) _____

CREDIT CARD INFORMATION (only required for monthly payment programs)

Card-holder Name (as it appears on Card) _____

Account Number _____ Expiration Date _____ CVW (3 digit security code on back) _____

Billing Address _____

City _____ State _____ Zip _____ Phone _____

CCGC · PLAYER ENROLLMENT FORM

2026 Annual Fee Options - Golf, Carts, and Range | Check All That Apply

| AGF Type | Description | Membership Renewal | | New Membership | |
|--|---|----------------------|-----------------------|-------------------------|-----------------------|
| | | Full Payment Renewal | 12 Monthly Payments | Full Payment New | 12 Monthly Payments |
| <input type="checkbox"/> Par Package | Annual Membership - includes Unlimited Golf after 2 p.m. | \$710.00 | \$67.50 = \$810.00 | \$610.00 | \$59.17 = \$710.00 |
| <input type="checkbox"/> Family Add-On: Active Duty | Par Package | \$0.00 | \$0.00 | \$0.00 | \$0.00 |
| <input type="checkbox"/> Family Add-On: Other | Par Package | \$460.00 | \$46.67 = \$560.00 | \$460.00 | \$46.67 = \$560.00 |
| <input type="checkbox"/> Player Development Package | Annual Membership - includes Unlimited Golf, Cart & Range Balls after 2 p.m. | \$1,300.00 | \$116.67 = \$1,400.00 | \$1,200.00 | \$108.33 = \$1,300.00 |
| <input type="checkbox"/> Family Add-On: Active Duty | Player Development Package | \$710.00 | \$67.50 = \$810.00 | \$710.00 | \$67.50 = \$810.00 |
| <input type="checkbox"/> Family Add-On: Other | Player Development Package | \$860.00 | \$80.00 = \$960.00 | \$860.00 | \$80.00 = \$960.00 |
| <input type="checkbox"/> Eagle Package | Annual Membership - includes Unlimited Golf | \$1,110.00 | \$100.84 = \$1,210.00 | \$1010.00 | \$92.50 = \$1,110.00 |
| <input type="checkbox"/> Family Add-On: Active Duty | Eagle Package | \$0.00 | \$0.00 | \$0.00 | \$0.00 |
| <input type="checkbox"/> Family Add-On: Other | Eagle Package | \$590.00 | \$57.50 = \$690.00 | \$590.00 | \$57.50 = \$690.00 |
| <input type="checkbox"/> Premier Package | Annual Membership - includes Unlimited Golf, Cart & Range Balls | \$2200.00 | \$191.67 = \$2,300.00 | \$2,100.00 | \$183.33 = \$2,200.00 |
| <input type="checkbox"/> Family Add-On: Active Duty | Premiere Package | \$910.00 | \$84.17 = \$1010.00 | \$910.00 | \$84.17 = \$1010.00 |
| <input type="checkbox"/> Family Add-On: Other | Premiere Package | \$1,300.00 | \$116.67 = \$1,400.00 | \$1,300.00 | \$116.67 = \$1,400.00 |
| <input type="checkbox"/> High School Development | H.S. Development Program: June 1 - Aug 31 includes Unlimited Golf & Range Balls after 11 a.m. | \$500.00 | N/A | \$500.00 | N/A |
| Sub-Totals | | | | | |
| | | | | Total Amount Due | |

The Annual Green Fee Player program (AGF) at Cardinal Creek is a special fee. The program is for 12 months. The AGF programs starts the month you start and runs for the next 12 months. There is no set calendar cycle, you may start in November and finish 12 months the next November. You may pay 100% at the beginning of your program and save on your fees or elect to make 12 equal "automatic" installments, one each month for the next 12 months. Early termination may be approved by proof of PCS travel orders, retirement orders, or recommendation by unit commander. After the first month, a recurring manual payment is not authorized unless approved by waiver thru the 375 FSS/CC. Unless paying 100% at the beginning, a valid credit card is required and the authorization must be signed below, to obtain AGF player status.

Recurring Payments Will Make Your Life Easier:

- Convenient method saving you time and postage
- Your payment is always on time eliminating late charges

I authorize Cardinal Creek Golf Course to regularly schedule charges to my Club, Visa or MasterCard Credit Card account. The charge will appear on my credit card statement. I agree that no prior notification will be provided if the payment is the same or lower than the amount authorized and indicated below. If my bill is more than the agreed upon amount or the payment date changes, I understand I will receive notice from Cardinal Creek at least 10 days prior to the payment being collected. I understand that I will only receive advance notice of the charge if it exceeds an amount different than authorized.

_____ I elect to make full 100% payment at this time. Amount Due _____ Amount Paid _____

I authorize the Scott AFB Cardinal Creek Golf Course to charge my credit card for Annual Greens Fees installment as indicated in this form to the terms outlined. Monthly payments in the amount of \$_____ will be charged to my credit card during the first three days of each month. If the above noted payment falls on a weekend or holiday, I understand that the payments may be executed on the next business day. I understand that this authorization will remain in effect until I cancel in writing, and I agree to notify the business in writing of any changes in my account information or terminating of this authorization at least 15 days prior to the next billing date. The payment authorization is for the type of bill indicated above. I certify I am an authorized user of the credit card, that I will not dispute the scheduled payments with my credit card company provided the transactions corresponds to the terms indicated in the authorization form. Any charges rejected by the credit card company or charge backs are subject to a penalty in the amount of \$25.00 each occurrence. I understand that I must coordinate with Cardinal Creek Golf Course to prevent penalties from accumulating. (If not paid in full) my card will be charged 12 times, unless I obtain approval for termination. Cardinal Creek is not responsible for any credit card or bank charges resulting from closed, suspended or ever extended credit card accounts.

Signature _____

Date _____



**SIGN UP
TODAY!**



Cardinal Creek Golf Course

2026 Holiday Scrambles

Play a round of 18 and be home
in time to be with family!

Each exciting round will be
Scramble play with Gross & Peoria
Handicaps.

Anyone can play & win!

May, July & September

- \$75 Player
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Lunch Not Included

December

- \$95 Player
- \$75 AGF Member

Lunch Included

Register Online or Call the ProShop!



Memorial Day
MAY 25

9:00 AM
4 PERSON SCRAMBLE

Fourth Of July
JULY 4

9:00 AM
4 PERSON SCRAMBLE

Labor Day
SEPTEMBER 7

9:00 AM
4 PERSON SCRAMBLE

Holiday Golf
DECEMBER 5

10:00 AM
3 PERSON SCRAMBLE

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4 Reasons to Play In A League



by James McCormick | CCGC Manager

Whenever I think about all the years I have spent playing golf, I can't believe how differently I looked at the game after I joined a weekly league. It fundamentally changed the way I played, how I thought about my game, and how much enjoyment I get out of it. A golf league may not be for everyone, but here are 4 great reasons why you should consider joining.



You Will Play Better

If you have confidence in your game, and even if you don't, the one thing that you can be sure of is the simple act of playing more will improve your game. This especially goes for the one round a month or less type of golfer. More than that, when you play in competition your focus improves, and you now have goals when you are on the course. You think more strategically about your game and your decision making. Over time you do more of the little things well. In short, you will get better by playing more often in competition.

You Will Play More Golf

I remember my first season of league golf. I committed to getting out 10 times that season, and by the time I had finished the first few months of play I had already been out 8 times. That was 3 more times than I had played the entire year before. Why? In league play there is just more reasons to play every week. First, the competition in league play brings an added level of motivation to get out and play. Recognition from other golfers when you finish atop the leader-board is great, but what really got me out more often was all the new opportunities to play with a much larger group of people. Any time I wanted to play a round of golf, I could, thanks to my golf league.

You Will Build Friendships

Camaraderie is one of the biggest reasons I play league golf. The time honored tradition of discussing your round with Judge Smails that you played with and the good natured banter about both successes and failures gets better with more friends and league mates in attendance. Let's face it, the shared experience of a golf game can bring together people who otherwise would not have anything in common. The camaraderie of a good golf league may be the best reason to play in one.

You Will Have More Fun

I love the old saying that "a bad day of golf beats a good day at the office." This is never more true than in league play. We are taught as children that competition offers the opportunity to learn and improve at whatever sport we are playing. So even if I'm losing, sometimes badly, I get much more out of the round than with just a casual game. Besides, I relish the likely abuse I'll get afterwards and if you play league golf, you will too.

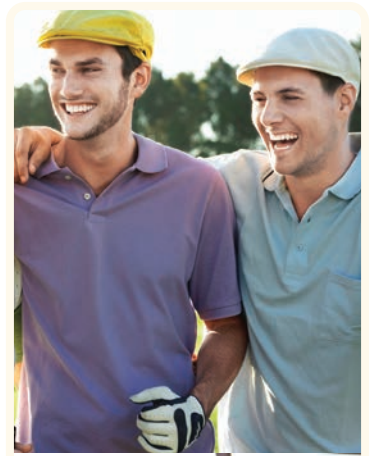
Cardinal Creek's Competitive Leagues

Monday Night League

- Open to All & Any Units
- No Membership Requirement
- 20 Week League Play
- Format: 2 of 4 Net Best Ball Combination Scoring
- 2 Person Teams paired with other 2 Person Teams to form a weekly foursome. Foursomes change weekly.
- Teams can have multiple players on roster, but only will field 2 players each week.
- Non-playing members may sub on any team any week.
- Annual League Fees: \$20 per person

Mark Tubb - (618) 979-5174 | marktubb9@hotmail.com

League Starts - April 2026



CCWGA Womens League - Tuesday Mornings

- League Open to Any Women
- No Membership Requirement
- 18 Hole for Experienced
- 9 Hole for Beginners or those w/less availability

Informational Meeting and Social - March 31, 9:00 am

Laurie Boemecke - (618) 772-8701 | Laukay65@gmail.com

Ladies Clinic - April 21

League Starts - April 28



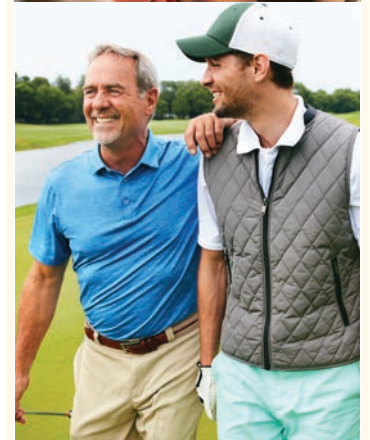
Intramural League - Every Wednesday

- League Open to All & Any Unit
- No Membership Requirement
- 16 Week League Play - May Thru Sept
- Letter of Intent with Team Player due May 8
- Golf Staff League Commissioner - Set All Rules, Statistics, Schedules etc.

ProShop - (618) 256-2385 x 1

Mandatory Captains Meeting
May 6, 11:30 am

League Starts - May 13



Wednesday Night League

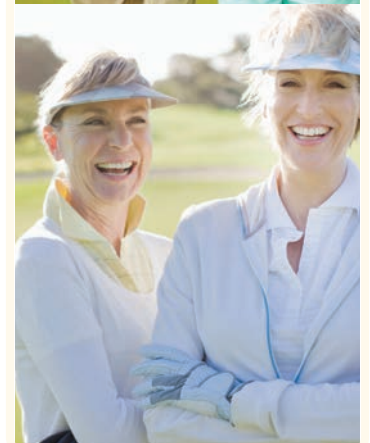
9 Holes - Shotgun 5:00 pm

- Open to any 2-Person Team
- No Membership Requirement
- Modified Match Play Format
- Pick Own Partner
- Hole-in-One Prize Fund
- Yearly Prizes Awarded
- Optional Weekly Game & Proximity Games
- 8 Points Weekly
- Annual Dues - \$90/person -- Includes Handicap, Prizes, Hole-In-One Prize Fund & Year End Banquet (Date: TBD)

ProShop - (618) 256-2385 x 1

Sign-up Deadline - May 6

League Play: May 13 - September



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WILDFIRE



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SEP 11
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UP ALL NIGHT

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at the Creek

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JUNE 12 - NEW CRIME THEATRE
ROCK - DANCE - VARIETY

JULY 10 - WILDFIRE
COVER BAND

AUGUST 7 - CLUESS
80's MUSIC

SEPT 11 - BROSEPH TUCKER BAND
HIGH ENERGY COUNTRY PARTY

OCT 9 - UP ALL NIGHT
ROCK - COUNTRY - DANCE



**CALL TO RESERVE
618-610-7576**

One Of Golf's Biggest Faux Pas Has Never Made Sense to Me -

Why Are Iron Headcovers So Divisive?



by Johnny Leighfield - Golf Monthly, Nov 2025

Golf is not my 'main' sport. I like playing it and I am good enough to call myself a mid-handicapper, but it has not been the central pivot around which my life has rotated since I was young. That honor belongs to soccer.

Since I could walk around the age of one, I kicked a ball. My eyes would always stare at a screen with soccer on and my dad and I formed our relationship going to watch all manner of matches from non-league to our hometown club.

At the same time, golf has always been firmly on my radar. I started with lessons before the age of seven and would venture out onto the course now and again, even taking up club membership for one year while at college.

I have watched golf all my life, too, and it has still been in my top three favorite sports no matter what, even when American Football, cricket or ice hockey made a brave play for the top two.

But, until a lot more recently, I hadn't really dived too deeply into the intricacies of golf as my previous job centered very heavily around soccer and my boyhood weekends had largely been taken up by trying to put the ball in one goal and keep it out of the other.

Consequently, when I decided to turn the tables on my main passions almost five years ago - shortly before a switch in career path, I planned to go to law school after I graduated which fast-tracked the process - there were a number of



strange quirks and oddities about golf that I'd never really considered and - to be honest - didn't really make any sense to me.

If you have entered the world of golf from the starting point of another sport, you may also feel the same. Newbies or long-time players, feel free to use the comments box below and let me know what other aspects of golf truly make little sense to an outsider.

As you may have deduced from the headline, one of the main peculiarities I really started to question is why irons - despite taking up so much of a golf bag and costing such a lot of money - go unprotected in terms of headcovers while drivers, woods and putters are nicely wrapped up?

If I have ever asked the out-and-out golfers in my life why irons do not have covers on, there is often a snide and baseless comment about people who use them being uncool or how they "just don't look good." Failing that, it is simply a case of "I don't really know."



Image credit: Getty Images

To me, it feels like the issue ultimately boils down to a certain level of snobbery.

Practically, there does not seem to be a good reason for NOT having them. Covers stop that annoying 'clink, clink, clink' as you are walking along the fairway and they protect the actual heads from damage. They take a second to remove and put back on again and customizable versions would allow people to add to a degree more personality to their bags.

As plenty of fans will be aware, two-time PGA Tour winner Aaron Rai is almost the poster boy for using iron headcovers. Explaining his unique bag set-up, Rai has said he uses headcovers for his irons because he wants to "appreciate the value" of what he has and ensures he never forgets where he came from.

While this is undoubtedly a wholesome and highly respectable move, should we not be wondering why more players - both professionals and amateurs - do not do the same? It is uncool to look after your belongings...

And I am not the only one who holds this view. PGA Pro and Golf Monthly equipment writer Joe Ferguson said: "Until I was asked about this, I had always just aligned myself with the mass opinion that iron headcovers are the ultimate faux pas in terms of golf equipment, but the more I think about it, the more ridiculous that concept seems!

"What is cool about spending over a grand on a shiny new set of irons and not looking after them?! Understood something clearly at last and am now a reformed supporter of the iron headcover.

"Having looked online, options are somewhat limited in terms of style, so this could potentially be a real growth area for an accessories company..."

Ultimately, golfers should be allowed to treat their equipment how they wish, and I have seen many a snapped shaft in a tee-box bin to know that they do.

All I would ask moving forward is that, as a community of players who enjoy the game either every day or once in a blue moon, we do better in relation to these archaic and unnecessary views. And ask yourself this, 'what IS so wrong about having iron headcovers?'



During The Masters Par 3 contest, Rai's wife holds a bag of irons (with headcovers on) and wedges, (Image credit: Getty Images)



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For golfers who believe the finest experiences are worth every dollar, Mr. Wonderful has curated a list of the most expensive public rounds in the country. From dramatic coastal cliffs in California to manicured fairways in Florida, each course represents the very top tier of American golf.

This is the *crème de la crème* of public play—where every swing carries prestige, every hole tells a story, and luxury is simply part of the scorecard.

The Zen philosopher Basho once wrote, "A flute with no hole is not a flute. A donut with no hole is a danish."



Cardinal Creek Café

Where Flavor Meets the Fairway!

Enjoy fresh, satisfying meals and scenic views at
Cardinal Creek Café!

Great golf deserves great food—and Cardinal Creek Café delivers both. Located along the fairways of Cardinal Creek Golf Course, the café offers a relaxed spot to refuel, unwind, and enjoy the view.

Start your day with hearty breakfast favorites like omelets and breakfast burritos, or stop in for lunch and savor the fan-favorite Cardinal Creek Burger. Whether you're gearing up for a round or winding down afterward, Cardinal Creek Café is the perfect place to gather, relax, and make the most of your day.



View our complete menu online!

No matter your taste,
there's something here to
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Start your day with a hearty breakfast!



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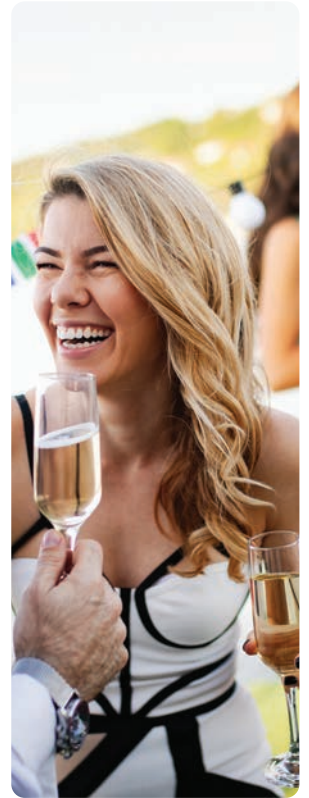


Outings, Events & Fundraising

Socials • Receptions • Gatherings • Buffets • Weddings • Conferences

At Cardinal Creek Golf Course, we turn your golf outings and special events into unforgettable experiences. Whether you're planning a life celebration, corporate retreat, fundraiser, or a casual day of golf with friends, we specialize in flawlessly executed tournaments and events that exceed your expectations.

Our dedicated event team handles every detail, making Cardinal Creek a premier destination for golf and social gatherings. From friendly, attentive staff to exceptional on-site catering and seamless event management, you can focus on enjoying the occasion while we take care of the rest.



From weddings and conferences to buffets and gatherings of all types, Cardinal Creek Golf Course is your go-to venue for elegant, worry-free events.

Specialty Events

Let us help you create moments that matter in a setting as remarkable as your occasion.

Fundraising Events



Raise funds and have fun! We offer customizable packages for fundraisers of all sizes. We'll help you design a successful and memorable event that supports your cause.

Corporate Outings



Host a golf tournament, meeting, workshop, or educational seminar that sets a new standard for excellence. Our experienced team creates networking opportunities and delivers a distinctive experience.

Customer Appreciation



Delight your clients with a customer appreciation golf event or social gathering. Our packages include customized merchandise for a lasting impression and enduring corporate recognition.

Event Amenities

From friendly tournaments to social gatherings, our events cater to golf enthusiasts of all levels. Not only do we provide you with the best service in the area, but our amenities are endless!

● Full Service Events

- Golf Cart Assignments
- Starting Hole Assignments
- Executive Bag Drop Service

● Dining and Catering

- In-House Catering Professionals
- Extensive Catering Menu
- Full Service Bar

● Free Web Service & Event Registration

- Online Player and Sponsor Registration
- Outgoing Email Announcements & Final Results
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- Provide Save-the-Date Postcards and Registration Forms

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- Live Scoring & Leaderboard
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Catering Events



Service For Every Occasion

Our banquet and meeting facilities are tailored to meet your special event needs. Whether you're planning a golf outing, wedding, anniversary celebration, meeting, seminar, or trade show, we're here to make your event an extraordinary experience your guests will be raving about for weeks, if not months, afterward.

We invite you and your committee to take advantage of our banquet expertise. Schedule a visit to our club to explore the many options available, or if it's more convenient, we'd be delighted to come to your office, home, or committee meeting to discuss your event.

Events We Service

- Weddings
- Luncheons
- Conferences
- Receptions
- Promotions
- Retirements

What We Provide

- Budget development and program assistance
- Banquet menu planning and administration
- Customized event planning – we handle every detail

Contact our event expert, James McCormick, to begin planning an unforgettable event. Call 618-744-1400 or email james.mccormick@375fss.com.

EZ SPECIAL EVENTS PACKAGE × × ×
CARDINAL CREEK GOLF COURSE

Planning made effortlessly by bundling everything you need into one simple solution.

EACH PACKAGE CUSTOMIZED TO YOUR NEEDS

Each Package Includes:

- Room Set-Up
- Skirted Table
- Podium & Mic
- National Anthem
- Plates
- Forks
- Napkins
- Tablecloth

Plus Choice of Food:

- 2 Hors d'oeuvres - \$18
- 4 Hors d'oeuvres - \$25
- 6 Hors d'oeuvres - \$30
- Signature Buffet - \$30

*each food choice includes unlimited non-alcoholic beverages

We offer an extensive menu with the option to customize to your specific needs.



Catering Menu

Signature Buffet

Entrées selections include Roast Prime Rib of Beef in Au Jus, Marinated Grilled Chicken Breast, Southern Fried Chicken, Ham Steak, Sliced Breast of Turkey, Baked or Fried Cod Loin, with Baked Pasta or Mashed Potatoes and Gravy, Chef's Vegetable, Caesar or Tossed Greens Salad, Dinner Rolls and Dessert. **Two Entrées - 30 | Three Entrées - 35**

Steak Dinner Buffet

USDA Prime Aged Steak with Baked Pasta, Baked or Mashed Potatoes and Gravy, Chef's Vegetable, Caesar or Tossed Greens Salad, Dinner Rolls and Dessert. **30**

Texas BBQ Buffet

BBQ Chicken and fall off the bone BBQ Ribs, Mac and Cheese, Baked Beans, Cole Slaw, Tossed Greens Salad, Cornbread and Dessert. **30**

Tuscany Italian Buffet

Three different Pastas and Three different Sauces allow guest to make their own combo, with Caesar Salad, Italian Sausage and Peppers, Garlic Bread and Dessert. **24**

Tailgate Buffet

Burgers, Bratwurst, Hot Dogs, and Grilled Marinated Chicken Breast, a selection of Assorted Cheeses, complimented with Lettuce, Tomato, Onion, Pickles, Mayonnaise, Mustard, Rolls and Breads, Pasta Salad, Kettle Chips, Fresh Fruit and Dessert. **22**

Caddy Buffet

Pulled Pork, Grilled Chicken or Southern Fried Chicken, Potato Salad, Kettle Chips and Dessert. **20**

Deli Sandwich Buffet

Deli Style Roast Beef, Honey Cured Ham and Smoked Turkey Breast, Sliced Cheddar, Swiss, Provolone and American Cheeses, Lettuce, Tomato, Onion and Pickles, a selection of Breads, Buns and Rolls, Pasta Salad and Dessert. **20**

Box Lunch

Selection of Roast Beef, Ham and Turkey Sandwiches with Lettuce, Tomato and Cheese, Whole Fresh Fruit, Potato Chips and Dessert. **16**

Totally Tasty Taco Bar

Soft Shell Flour Tortillas, seasoned Grilled Chicken Breast, seasoned Ground Beef, Shredded Lettuce, fresh Pico de Gallo, Jalapenos, Shredded Cheese, Sour Cream, Salsa, choice of Spanish Rice, Refried Beans or Black Beans and Dessert. **20**

Classic Continental

Croissants, Muffins, Danish and Bagels, Sweet Butter and Cream Cheese, Fruit Yogurts, Sliced Seasonal Fruit and Juices. **15**

Breakfast Buffet

Scrambled Eggs, Smoked Bacon, Hash Brown Potatoes, Croissants, Muffins, Danish and Bagels, Sweet Butter and Cream Cheese, Sliced Seasonal Fruit, Fruit Yogurts, Assorted Cereals with Milk and Juices. **20**

Hors D'oeuvres & Appetizer Buffet

Mini Roast Beef Sandwiches

Chicken Wings

Toasted Ravioli

Bacon Wrapped Scallops

Miniature Beef Kabobs

Chicken Sate

Crabmeat Stuffed Mushrooms

Mini Egg Rolls

Crab Rangoon with Sauce

Oriental Pot Stickers

BBQ Meatballs

Sweet and Sour Meatballs

Mini Wellingtons (Chicken & Beef)

Shrimp Cocktail

Assorted Cheeses

Fresh Fruit

Assorted Vegetables

Bruschetta and Crostini

Artichoke Dip

Cheese Quesadillas

Chips and Salsa

YOU CHOOSE

PICK 2 \$18

PICK 4 \$25

PICK 6 \$30

PICK 8 \$35



Let's Cook!

James McCormick | CCGC Manager

THREE COURSE MEAL



You are reading your favorite golf course's magazine, probably looking for tournament schedules or lesson information. But before you play 20 weekends this summer, take a break, and impress your better half with an easy delicious three-course dinner for two. We have made it easier than a short par three. Candlelight optional.

MENU

STARTER
Bruschetta

MAIN
Pork Chops & Scalloped Potatoes

DESSERT
Maggie's Chocolate Lava Cake

COURSE ONE | BRUSCHETTA

No-fuss simplicity at its finest. Juicy tomatoes tossed with fresh basil, garlic, and the best olive oil you can get a hold of all heaped on top of gorgeously toasted bread. When a recipe calls for so few ingredients, you want to use the best you can find so they each shine through.

INGREDIENTS

| | |
|---------|-------------------------|
| 1/4 Cup | Extra Virgin Olive Oil* |
| 3 Tblsp | Chopped Fresh Basil |
| 3 or 4 | Garlic Cloves, Minced |
| 1/2 Tsp | Salt |
| 1/4 Tsp | Pepper |
| 4 | Medium Tomatoes, Diced |
| 2 Tblsp | Parmesan Cheese, Grated |
| 1 Loaf | French Bread |

DIRECTIONS

1. In a large bowl, combine oil, basil, garlic, salt, and pepper. Add tomatoes and toss gently. Sprinkle with cheese. Refrigerate for at least 1 hour.
2. Slice bread into twenty-four pieces; toast under broiler until lightly browned. Top with tomato mixture. Arrange then drizzle with balsamic, glaze or red-wine vinegar of your choice. Not only delicious but simple yet elegant presentation. Serve at once.



Wine Pairing - Course One

Red: Zinfandel is a robust red wine for a bold flavor experience.

Red: Chianti Classico, a versatile red wine from Tuscany, complements the acidity of tomatoes and adds earthy notes.

White: Sauvignon Blanc is a crisp white that pairs wells with bruschetta's flavors.

*Try a different oil: use oils infused with garlic, cherry pear or truffle. This will take your bruschetta to the next level.

COURSE TWO | PORK CHOPS & SCALLOPED POTATOES

Pork Chops and Scalloped Potatoes, perfect comfort food dinner combination that you and your partner will love. Wonderful by themselves but, when baked together they create wonderful layers that really are one of the easiest pork dinner recipes ever.

INGREDIENTS

| | |
|-------------|---|
| 3 Tblsp | Butter |
| 3 Tblsp | All-Purpose Flour |
| 1 - 1/2 Tsp | Salt |
| 1/4 Tsp | Pepper |
| 14 1/2 Oz | Chicken Broth (one can) |
| 6 | Pork Ribs or Loin Chops (3/4 or 1" thick) |
| 2 Tblsp | Canola Oil |
| 6 Cups | Peeled Potatoes, Thinly Sliced |
| 1 | Medium Onion, Sliced |

| | |
|----------|---|
| OPTIONAL | Additional salt and pepper |
| | Paprika and minced Fresh Parsley (garnish) |
| | Greek or Jerk Seasoning Blend |
| | Bacon Bacon Bacon (everything is better with bacon) |
| | Cheese it Up |

DIRECTIONS

- In a small saucepan, melt butter; stir in the flour, salt, and pepper until smooth. Add broth. Bring to boil; cook and stir for 1 minute or until thickened. Remove from the heat and set aside.
- In a large skillet, brown the pork chops on both sides in oil, sprinkle with additional salt and pepper if desired.
- In a greased 13x9-in. baking dish, layer potatoes and onion. Pour broth mixture over layers. Place pork chops on top.
- Cover and bake at 350° for 1 hour; uncover and bake 30 minutes longer or until meat and potatoes are tender. If desired, sprinkle with paprika and parsley.
- Tip: If you are using thinner small pork chops, lean pork loin or boneless chops, the long bake time could dry them out. To prevent this, bake the scalloped potatoes alone for the first hour, then add the pork chops to the top for the last 30 minutes of baking. Readers have also had success baking the pork chops under the scalloped potatoes!

Wine Pairing - Course Two

White: Pinot Grigios high acid wine with punchy dryness, and lush stone fruit and pear flavor is sure to accentuate the fresh flavors in the pork chop.

Rose: The wine's dry and snappy acidity is perfect for pork, as the flavor of fresh summer fruit will stand out.

Red: Beaujolais low tannins, crisp acidity and vibrant red fruit flavor make it the ideal wine partner that will not overpower the meal.



COURSE THREE | MAGGIE'S CHOCOLATE LAVA CAKE

Chocolate lava cakes used to be a restaurant-only dish, but the secret is out. They are super easy to make at home! That warm, molten chocolate center always feels fancy. Legend has it that the first chocolate lava cake happened because someone took the cakes out of the oven too soon, and the centers were still gooey. There was no time to bake them more so the chef simply had to call them chocolate "lava" cakes — brilliant!

INGREDIENTS

| | |
|----------|--------------------------|
| 2 | Egg Yolks, Large |
| 2 | Eggs, Large |
| 3 Tblsp | Sugar |
| 3 1/2 Oz | Dark Chocolate, Chopped |
| 5 Tblsp | Butter |
| 4 Tsp | Unsweetened Cocoa Powder |
| 3 Tblsp | Flour |
| Pinch | Salt |
| 1/8 Tsp | Vanilla Extract |

DIRECTIONS

- Generously butter the insides of four five 1/2-ounce ramekins.
- Whisk egg yolks, eggs, and sugar together in a bowl with an electric mixer until it is foamy and lighter in color.
- Melt chocolate and butter in a microwave-safe bowl for 30 seconds until melted, stirring after each interval, 1 to 3 minutes.
- Stir melted chocolate mixture into egg and sugar until combined. Sift in cocoa powder and stir to combine. Sift in flour and salt; stir to combine into a batter. Stir in vanilla.
- Transfer batter to a resealable plastic bag. Snip off one corner of the bag with scissors to create a tip. Divide batter evenly between the prepared ramekins; gently tap ramekins on the counter to remove any air bubbles. Refrigerate for 30 minutes.
- Preheat the oven to 425 degrees.
- Arrange chilled ramekins in a casserole dish. Pour enough warm tap water into the casserole dish to reach halfway up the sides of the ramekins.
- Bake in the preheated oven for 15-18 minutes. Remove from the oven and let cool for 15 minutes.
- Loosen the edges from each ramekin with a knife. Invert cakes into serving plates and dust with powdered sugar. (add berries or dollop of whipped cream)

Wine Pairing - Course Three

Sparkling Wines: Prosecco or Brut Champagne are a terrific addition to a great meal

Red: Port, Zinfandel or Merlot pair well as the rich sweet wine complement the intensity, offering fruity notes that balance the sweetness in the cake and flavors the enhance the chocolate.

White: Riesling or Moscato provide a refreshing contrast to the dense dessert.

Have You Bought A New Car Lately?



From Handwritten Negotiations to Text Messages - How Car Buying Has Evolved

by Shirley Baugh | CCGC Pro Shop Team Member

Back in 1996, I was newly single with two young sons at home and decided it was time for a new car. I didn't know exactly what I wanted, but I had a pretty clear picture in my head: a red Dodge Intrepid with a sunroof and a small spoiler on the back—not anything flashy, just enough for style.

My dad offered to help and took me to a Chrysler dealer in St. Louis where he had bought cars before. When we didn't find what I wanted, we headed down the street to "Lou Loomis Chevy" dealership. A saleswoman greeted us, and I explained I was looking for a red car with a sunroof and spoiler. She showed us the new Lumina. First requirement met—not a minivan. There was no red available, but white was my second choice, and I convinced myself that could work.

Dad, a conservative and very tough negotiator, didn't think the top-of-the-line model was necessary. We picked a version and went inside to talk numbers. Dad negotiated while I sat back and watched. His method involved writing a number on a piece of paper, turning it over, and comparing it to the salesperson's number. It went on for what felt like forever.

During the negotiations, the sales manager asked for the keys to my trade-in to evaluate it. I handed them over. As time passed and negotiations stalled, it became clear we weren't going anywhere. Dad asked for my keys so we could leave, but they kept

saying the car was still being evaluated. The longer it dragged on, the more frustrated he became.

Eventually, the keys were returned, and Dad said, "Come on, let's go." I knew better than to argue, even though I still didn't have a new car. As we left, Dad told me the saleswoman would call the next day and meet our price. I wasn't convinced, but sure enough, she did. I had bought a new car.

When we returned to pick it up, the saleswoman mentioned she wasn't making any money on the deal because she knew how badly I wanted the car. Dad just snickered. I drove off in a white Lumina with no sunroof and no spoiler—but it was new, reliable, and a good car. Turns out, those extras weren't as important as I thought.

Fast forward to today, and I've just bought another new car. Once again, I wasn't exactly sure what I wanted, but I knew it didn't need to be brand new. One or two years old with low mileage would be perfect.

This time, I used an online car-search site where dealerships list their inventory. You can enter exactly what you're looking for and instantly see all the options—shopping from the comfort of your recliner. After driving through a few lots, I decided I wanted a white Ford Explorer, something bigger than my Equinox, with heated seats and a heated steering wheel. And yes, trunk space for my golf clubs still mattered.

The Explorer with the lowest mileage—just 12,000—was in Breese, Illinois. I was already heading that way to watch my granddaughter cheer at a basketball game and sing the National Anthem, so I called ahead to make sure it was available.

When I arrived, the car was parked out front, freshly washed and ready. The sales manager handed me the keys for a test drive without pressure or hovering. I felt trusted and respected. As you can guess, I loved the car. We even measured the trunk to see if my golf clubs would fit crossways. They didn't—but it wasn't a deal breaker.



We talked numbers later by text. Everything was clear and in writing—sales price, trade-in value, taxes, and fees. I checked my trade-in value online for a second opinion and got the same number, which confirmed it was fair. I asked if there was any flexibility, hoping to be about \$2,000 lower. A day later, the trade-in increased by \$500, and we had a deal.

I picked up the car the next day. It's white, has heated seats and a heated steering wheel, and my golf clubs still don't fit sideways—but that's okay. They usually stay at the course anyway.

What I've learned is that the things we think we must have in a car often matter less than we expect. More importantly, the car-buying process has changed for the better. It's easier, more transparent, and much less stressful.

Check out my new Ford Explorer—and if you're in the market, go see Lou Loomis, I mean Nate at K & J Automotive Sales in Breese, Illinois for a great car-buying experience.

SAVE BIG! ultimate
**DISCOUNT
TICKETS** on all things
fun!

local sports • attractions • theaters
Walt Disney World • Universal Studios • Disneyland • Six Flags • Sea World

Information Tickets & Travel | 404 W Martin St | 618-256-5919

scan the code to see
our full list of event
tickets

Information Tickets & Travel

The advertisement features a large circular image of a man with sunglasses and a backpack riding a roller coaster, looking excited. The background is a bright blue sky. The text is arranged in a clean, modern layout with a mix of bold, sans-serif fonts and a red script font for the word "fun!". A QR code is located in the bottom right corner of the advertisement area.

CARDINAL CREEK GOLF COURSE

RED TEE BOX

SCRAMBLE

JUNE 20 2026



EVERYONE
PLAYS FROM
RED TEES

4 PERSON TEAMS

GROSS & PEORIA
HANDICAP PLAY

(NO HANDICAP REQUIRED
ANYONE CAN PLAY & WIN)

9:00 AM START

GOLF • CART • LUNCH • RANGE BALLS • PRIZES

\$95 PLAYER | \$75 AGF/E1-E4





CARDINAL CREEK GOLF COURSE

**RED
WHITE
BLUE**

GOLF SCRAMBLE

\$95 | **\$75**
PLAYER | AGF/EI-E4

JULY 18

SHOTGUN START: 9:00 AM

**PLAY 6 HOLES ON EACH
RED TEE • WHITE TEE • BLUE TEE**

**4 PERSON SCRAMBLE W/GROSS & PEORIA HANDICAPS
NO HANDICAP REQUIRED - ANYONE CAN WIN**

EVENT INCLUDES

**GOLF • CART • RANGE BALLS
PRIZES • LUNCH**



REGISTER ONLINE OR CALL OUR PROSHOP

CARDINAL CREEK GOLF COURSE

PARENT & CHILD GOLF TOURNAMENT

[AUG
01]

9:00AM SHOTGUN START
REGISTER BY SEPT. 30

ANY JUNIOR GOLFER & ADULT COMBO

▼ THREE SEPARATE GROUPS FOR YOUTH

AGES 14 - 17
PLAY 9 HOLES

AGES 8 - 13
PLAY 9 HOLES

AGES 5 - 7
PLAY 9 HOLES

\$140
per TEAM

\$100
per AGF

NON-COMPETITORS: \$20 (LUNCH)

LUNCH • GOLF • CART • PRIZES • RANGE BALLS





GATEWAY

The Gateway PGA Junior Tour is dedicated to helping our community's youth learn and grow within the game of golf. In order to provide the best experience possible for juniors at all levels, we have a wide scope of competitive & development junior golf options.

GATEWAY PGA

JUNIOR TOUR

The Gateway PGA is one of 41 sections of the PGA of America, which, in total, services over 30,000 golf professionals who are ready to help you further your love for the game of golf. The Gateway PGA comprises over 300 Golf Professionals in Eastern Missouri and Southern Illinois. Gateway PGA Section staff and Gateway PGA golf professionals are dedicated to the game's future and recognize the importance of junior golf in growing the game. The Junior Tour, PGA Jr. League, and Drive Chip & Putt combine to comprise our Youth pillar.

● JUNIOR DEVELOPMENT TOUR

Each Junior Development Tour event will offer those in attendance the opportunity to learn the rules and regulations of golf and further the junior's skill development during the on-course 9-hole play. The type of learning component will vary from event to event to keep the format from getting stagnant over the course of the year.

» Cardinal Creek will host 3 Junior Development Tour Events in 2026



● JUNIOR TOUR

The Gateway PGA Junior Tour is home to one of the largest Junior Golf programs in the country. The Junior Tour events impact nearly 1,000 Junior Members and their families each year. There are tournaments for 9-hole divisions, 18-hole divisions, and 2-day tournaments, which can influence a junior golfer's ranking on both the regional and national scene.

» Cardinal Creek will host 3 Junior Tour Events in 2026



<https://gatewaypga.org/junior-golf/>

Junior Tour Manager - Jason Eisenhauer @ jeisenhauer@pgahq.com



FOCUS ON THE PATH AHEAD. WE CAN HELP YOU GET THERE.

**Coaching your financial future
every step of the way.**

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Compete On Our Illuminated Course
LIT ONLY BY THE MOON & GLOW-IN-THE-DARK GOLF BALLS/STICKS!

SEPTEMBER 19 • 8:00 PM START

○
**ALL PLAYERS
RECEIVE
GLOW BALLS &
NECKLACES**

○
**PLAYER AFTER
PARTY WITH
DELICIOUS
HORS D'OEUVRES!**

○
**BEST
DECORATED
CART WINS
PRIZES!**

REGISTRATION REQUIRED BY SEPT. 18 | \$100 PER PLAYER

CARDINAL CREEK GOLF COURSE





Ryder Cup

Tradition Continues!

Scott AFB vs Fort Leonard Wood

Annually since 2016, Scott Air Force Base has challenged the Army's Fort Leonard Wood to two days of Ryder Cup like competition. Where matches rotate locations from year to year.

2025 Game Review:

Scott AFB came to play in 2025! Taking a slim 4 to 2 lead into day two singles matches. Ft Leonard Wood made a fight out of it but in the end, Team Scott held the lead to take the win and the Cup back by a score of 10 to 8.

*“We are the
Champions
my friends!”*

2025 Scott AFB Ryder Cup Team

- ✓ Dogmi Delaney
- ✓ Page Petrovic
- ✓ Garrett Overman
- ✓ Tyler Bennett
- ✓ Ron Black
- ✓ Roger Thorson
- ✓ David Vogt
- ✓ Catrina Monsod
- ✓ Terry Neutzling
- ✓ Ross Peters
- ✓ Shirley Baugh
- ✓ Cesar Daiz
- ✓ Spaulding Smails
- ✓ Alex Gorman, Asst. Captain
- ✓ James McCormick, Captain





SCOTT AFB CLUB **CHAMPIONS**

Luke Simmons took the Mr. October title, we mean 2025 Cardinal Creek Club Champion title, as he destroyed the field on day two with a solid 3 under 69 to finish with a two-day total of one over par. Besting the field by five strokes.

Mark Donovan and Doug Hansel were runner up and third place overall.

MaryAnn Kolda held on to repeat as our 2025 Women's Champion, taking only 157 strokes to best Catrina Monsod by four strokes.



Luke Simmons ... 143
MEN'S CLUB CHAMPION



MaryAnn Kolda ... 157
WOMEN'S CLUB CHAMPION



David Speicher ... 154
SENIOR FLIGHT CHAMPION



Blade Woodham ... 158
A FLIGHT CHAMPION



Chris Donyon ... 155
B FLIGHT CHAMPION



Eli Skubish ... 166
C FLIGHT CHAMPION



Peter McKenzie ... 166
D FLIGHT CHAMPION



Patrick Kelsey ... 163
E FLIGHT CHAMPION

Not Pictured:
Catrina Monsod
WOMEN'S NET CHAMPION
Hural Manns
SENIOR NET CHAMPION



Education and Athletics, Teaching and Coaching

by Kristie Hitpas
CCGC Pro Shop
Team Member



As a teacher, I use certain principles to ensure my students' success in the classroom. When I began coaching golf and cheerleading, I quickly realized that many of those same principles applied and helped my athletes reach higher levels of success.

As a special education teacher, I see even more overlaps. Many of the strategies I use in my classroom translate directly to coaching, making playing sports more inclusive, accessible, and impactful. Personally, I have been a classroom teacher for twenty-eight years, twenty-six of those years spent teaching middle school language arts. Five years ago, after my own children had grown up and completed their athletic journeys, I returned to coaching. Most recently, seeking a new challenge, I completed coursework to earn my LBS-1 certification and transitioned into special education.

I used to think of myself as a patient person—but stepping into the role of a special education teacher quickly showed me how much I still had to learn. Within just a few weeks, my entire educational philosophy shifted. In special education, we focus on creating structured, achievable goals, breaking down complex tasks into smaller, manageable steps. I have found this approach especially effective in coaching athletes, particularly for those who struggle with focus, motivation, or performance anxiety. This overlap between the two roles has deepened both my teaching and coaching practices.

I have always relied on praise and positive reinforcement to motivate and support my students as a teacher. Recently I have shifted to praising progress rather than just outcomes. I am finding that in both my classroom and in coaching, this focus on growth boosts my students' and athletes' self-esteem, which increases their engagement and results in greater success both in the classroom and on the field.

In special education, we are trained to differentiate instruction based on each student's needs, using a range of approaches and accommodations. This same mindset

helps me as a coach. This year, two athletes on my team have Individualized Education Plans (IEPs). They are incredibly talented but need a bit more time to learn the skills needed for success. Thanks to my special educational background and a growing sense of patience, I have been able to support them in becoming confident, successful members of the team.

Coaching and teaching both require creating a safe space where students and athletes feel supported and free from judgment, allowing real learning and growth to take place. When that environment is set up, open communication becomes the norm. My athletes now feel comfortable asking questions and are not afraid of being judged or ridiculed when they struggle. The classroom and my practices function as true "safe spaces" where we support one another, celebrate progress, focus on skills, growth, and self-esteem. We allow the wins to take care of themselves.

In the end, coaching and teaching are simply two expressions of the same purpose: helping young people grow into the best versions of themselves. The more I blend my experiences in the classroom with my work on the field, the more clearly, I see how powerful that connection can be. Whether I am guiding a student through a challenging concept or helping an athlete master a new skill, the strategies are the same—patience, encouragement, differentiation, and a commitment to creating a safe, supportive environment. All of these shared

principles have not only strengthened my athletes and students, but they have also made me a better educator, coach, mentor, and person.



Play for the Championship!



\$225
PLAYER

\$175
AGF/E1-E4

**OCTOBER
9-11**

| | | |
|--|--|---|
| FRIDAY PLAYERS PARTY PLUS ONE GUEST 5-7 PM | SATURDAY PRELIM ROUND TEE OFF 8 AM (LUNCH AFTER PLAY) | SUNDAY FINAL ROUND TEE OFF 8 AM (LUNCH AFTER PLAY) |
|--|--|---|



Superintendent's Corner

Why does Cardinal Creek use winter temporary tee boxes?



by Carl Spackler | Greenskeeper Bushwood C.C.






“Healthy Winter Turf = Better Summer Play”

Zoysia grass is a warm-season grass that thrives in hot weather and is a low-maintenance choice for homeowners and golf courses alike. It requires less water, fewer herbicides, and infrequent mowing—making it ideal for high-traffic areas like tee boxes.

It’s all about long-term planning. The less stress grass is put under during the winter, the better shape it will be in come spring and summer. Dormancy is Zoysia’s natural way of protecting its roots and overall health.

▼ Understanding Zoysia Dormancy ▼

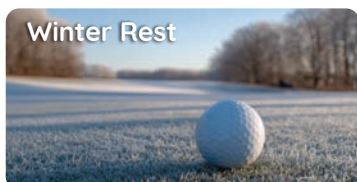
|  When It Happens |  What It Looks Like |  When It Greens Up |
|---|--|---|
| Zoysia enters dormancy when temperatures drop below 55°F. | The grass turns a light brown or straw color—this is completely normal. | Zoysia begins to green up when soil temperatures reach 60°F, usually in late April or May. |

During dormancy, we protect our tee boxes by removing golfers and reducing the wear and tear caused by walking and hitting golf balls off the turf. This allows the grass to rest, recover, and store energy for the growing season.



Why We Do This

Simply this is what is best for the good of the course and ensures high-quality playing conditions all season long!



Winter Rest



Course Care



Summer Play

Come Test Your Skills And Sense Of Humor!

SUPERINTENDENTS REVENGE

NOVEMBER 7

Tricky Tee Boxes

Unexpected Obstacles

Perplexing Pin Placements

Are You Up
For The
Challenge?

Format: Cross Peoria Handicap Play -- 4 person teams
Cart - Range Balls - Prizes - Lunch

\$95 | **\$75**
PLAYER | AGF PLAYER

Register by Nov. 5



PGA Reach & PGA Hope



PGA HOPE Program Overview

PGA HOPE (Helping Our Patriots Everywhere) serves as the premier military initiative of PGA REACH, the charitable foundation of the PGA of America. The program is designed to introduce the game of golf to Veterans and Active Duty Service Members as a means of supporting their physical, mental, social, and emotional well-being.

Participants engage in a structured six- to eight-week developmental curriculum, delivered by PGA Professionals who have received specialized training in adaptive golf techniques and military cultural competency. This instructional model ensures that all participants—regardless of age, ability level, or service-related injury—receive an inclusive and supportive learning experience. All PGA HOPE programs are fully funded by PGA REACH

and supported by PGA Section Foundations, allowing Veterans, Reservists, National Guard members, and Active Duty Personnel to participate at no cost.

PGA HOPE operates under a formal Memorandum of Understanding (MOU) with the U.S. Department of Veterans Affairs. This agreement authorizes VA clinicians to refer Veterans to the program as a recognized form of therapeutic recreation, reinforcing PGA HOPE's role as a complementary resource within the broader continuum of Veteran care.

Through its national strategy and commitment to long-term participant engagement, PGA HOPE aims to foster a healthier, more connected Veteran and Active Duty community.



15+ Programs in the area



FREE for all Veterans & Active Duty



Serve over 600+ Veterans & Service Members since 2013

PGA HOPE teaches Veterans and Active Duty Military all golf techniques from grip to 9 hole

Shared Veteran experience: classes are restricted to just those Veterans and Active Duty members

Grassroots continuing golf opportunities with leagues, local and national tournaments, and more

To learn more, go to www.gatewaypga.org/military/ or follow us @pgahope.

PGA HOPE CLINICS

@ Scott Air Force Base

7
Sessions
in 2026!



Elevate Your Golf Skills Today!

PGA Hope program provides a unique and memorable experience for our military Veterans and Active Duty.



6 Week Programs

Tuesdays and Thursdays

Adaptive Instruction provided at no cost + Use of adaptive golf equipment.

Start Your Golf Journey

No experience is necessary to take part in one of our upcoming sessions led by PGA of America Professionals that are certified in Adaptive Instruction.

| | | |
|---------------------------|-----------|-------------|
| MARCH 24 - APRIL 28 | TUESDAYS | MEN & WOMEN |
| MARCH 26 - APRIL 30 | THURSDAYS | WOMEN ONLY |
| AUGUST 4 - SEPTEMBER 8 | TUESDAYS | MEN & WOMEN |
| AUGUST 6 - SEPTEMBER 10 | THURSDAYS | MEN & WOMEN |
| AUGUST 8 - SEPTEMBER 19 | SATURDAYS | MEN & WOMEN |
| SEPTEMBER 22 - OCTOBER 27 | TUESDAYS | MEN & WOMEN |
| SEPTEMBER 24 - OCTOBER 29 | THURSDAYS | MEN & WOMEN |

SPECIAL SESSION:

Active Duty Only

AUGUST 8 - SEPTEMBER 19

SATURDAYS | 9:00 - 10:30AM
(NO SESSION ON LABOR DAY)



Time Sessions: 9:00a - 10:30a



GATEWAY

TAKE THE FIRST STEP - REGISTER NOW!

Contact PGA Professional James McCormick,
james.mccormick@375ffs.com

Get More Golf Out of Your Time



by Zach Peters - PGA of America Instructor

The following are some recommendations I have to help you get more actual golf practice out of your time rather than the standard way of block practice that I see most players doing on the range and green. Use these tips and watch your scores drop dramatically, you could also come see me for a few lessons as well.



Use Alignment Sticks

All too often I see players on the driving range just aimlessly beating golf balls. Even on my lesson tee when warming up I will ask a player, “what’s your target?” “I don’t have one, I’m just hitting straight” is the normal reply. How do you even know what straight is if you don’t have a target?!?

Start your session by picking a very clear and precise target line. This can be anything you want it to be from one of our colored poles, to a tree top, to a change in the color of the grass, just pick a spot to aim your shots towards. Next take your alignment stick and place it on the outside of your golf ball so that it points towards your target. From here you can drag a ball to the inside of the alignment stick and get into your setup making sure that your feet are parallel to the stick. WE DO NOT WANT OUR FEET TO POINT TO THE TARGET!! If your feet are pointed to the target, then your club is pointed to the right of your intended line. Your feet should always point parallel to your target line unless you’re trying to hit a specialty shot.

And remember, once you make a divot put your next ball on the back side of it and continue in a straight line back. Nobody likes the guy or girl that hits 20 shots and uses up a space the size of a trash can lid on the range.



Practice Your Pre-Shot Routine

Instead of hitting shot after shot and staying in your setup position, practice stepping back away from the golf ball and go through your routine exactly as you would on the golf course. This will take you longer than the standard “hit and scrape” method of practice most players utilize, but that is a good thing.

By treating each shot as you would on the course you are putting yourself into the same mindset you will have when playing. This is crucial because when you have an important shot on the golf course you can calm yourself down by going through your Pre-Shot routine and treating it just like any other shot. Practice for the moments you hope to encounter on the course in your rounds.

Use Different Clubs For Each Shot

Once you have completely warmed up, remove the alignment stick from your practice area and begin to hit each shot with a different club. You will never hit the same club two times in a row on the golf course, hopefully, so don’t do it in your practice session. Begin to choose different targets on the range so you have to move your setup and work on aiming a shot. Finally, practice different swing lengths, trajectories, and curves. A practice session is completely different than a warmup session. Keep it that way.

Play The Up And Down Game

When practicing your short game use this format and you will see your scores drop dramatically. Start with one ball and pick one spot around the green to hit from. Put your bag on this spot because after each completed hole you will come back and start again from here. Pick a few different holes to hit to, I like to hit to each hole from left to right in consecutive order.

The rules are simple, you hit your ball to your first target, after you hit, take your putter and try to make the putt. If you make the putt you made an "up and down", if you make an "up and down" on your first attempt at that particular hole you can move on to the next hole. If you do not get up and down on your first attempt then you must continue going to that hole until you get up and down three consecutive times. After you get three in a row move on to the next hole while staying in the same hitting spot. Once you have successfully gone through all of your targets you can move to the next hitting spot you desire. Use one ball, use one wedge, your putter, some music and enjoy.

This may take some of you all day but it is the best game around the green because it simulates the golf course feeling so well. It works on your chipping/pitching, putting, preshot routine, but most of all, it lets your practice feeling pressure. When you've made two up and downs in a row and need one more to move on, that's when a player gets the most out of their time. Use one ball, use one wedge, your putter, some music and enjoy. *"Thank you very little."*



David Mears, DVM
Alison Kinnunen, DVM
Jamie Stueve-Vadnal, DVM

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Shiloh, IL 62269

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Wednesday CLOSED
Thursday 7am - 6pm
Friday 8am - 5pm
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Sunday CLOSED

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Golf Lessons

Unlock your full golf potential with our expert-led golf lessons! Whether you're a beginner looking to master the basics or an experienced player aiming to refine your skills, our dedicated instructors tailor lessons to suit your individual needs.

Sign up for our lessons today and embark on a journey towards a more confident, skillful, and enjoyable golfing experience!

Private Lessons PGA Pro Zach Peters



The best way to ensure success in golf is with private one-on-one instruction from one of our PGA of America Golf Professionals. "We can do that. We don't even have to have a reason."

Our "State of the Art" Golfer Development Programs are designed to maximize your potential and drastically improve your game of golf through intense lessons.

Range balls included in all lesson fees. Half hour and series discounts are available. Lessons by appointment only.

Call Zach directly at (618) 691-8736.

Singles

30 Minutes - \$60
45 Minutes - \$90

2 or More

45 Minutes - \$120





Junior Golf Programs

introduce the game of golf to children, offering a fun and healthy activity the entire family can enjoy together. Beyond the sport, golf helps children develop essential social skills and values like self-discipline, commitment, and teamwork, which positively impact all areas of their lives.



Little Linksters: Start Smart Golf

Start Smart teaches parents how to teach kids the basics of golf. Parents participate in this adult and child combination class.

Start Smart uses a unique line of fun and developmentally appropriate equipment designed by SNAG Golf products. Minimum 3 students required. Taught by PGA Associate Professional Instructor, Alex Gorman.

- | | | |
|----------------------|--------------------------|-----------|
| June 6 - 27 | • Youth (ages 4 - 8) | • 4 weeks |
| August 8 - 29 | • Saturdays 9:00 - 9:45a | • \$130 |

AGF Junior Player Development

Players in Junior golf programs are highly encouraged to practice and play often. To help, we offer a summer High School Golf/College Golf Pass at a discounted rate!

Parents are encouraged to play alongside, so the pass is available to them and other family. *Program included in an AGF Membership.

- | | | |
|---------------------|---|----------------|
| May - August | • High School / College / Families | |
| | • Any Day - After 11:00a | • \$450 / 4 mo |
| | • Includes Unlimited Golf & Range Balls | |

Get Golf Ready: Youth Program (Juniors 9 - 15)

A nationally recognized PGA of America program designed to introduce juniors to the game of golf in a fun, affordable, and accessible way.

Designed for Juniors ages 9-15 with little to no experience, this program teaches swing fundamentals, etiquette, and course navigation through engaging group lessons. This year we are offering two options, Foundational and Rapid Get Golf Ready programs. The Rapid program meets six times in a two week period. Providing the same great instruction with more time for you to get on the course quicker and practice on your own.

- 1 FOUNDATIONAL Get Golf Ready**
June 6 - July 11 August 8 - September 12
 • Saturdays • 10:00 - 10:45a • 5 weeks

- 2 RAPID Get Golf Ready**
May 19 - 28 June 16 - 25 August 11 - 20
 • Tuesday, Wednesday & Thursday • 4:30 - 5:15p • 2 weeks

**Basic Fee
\$130/child**

**Premium Fee
\$480/child**

- includes -
Junior Set of Clubs
Golf Bag
3 Rounds of Golf
w/Riding Cart
Range Balls

JUNIOR GOLF

HALF DAY CAMP

Are You Looking To Take Your Childs Golf Skills To The Next Level?

Join our new Golf Camp and learn from the pros!

Our Summer Camp provides a fun-structured atmosphere aimed at learning the game of golf.

This camp is designed to be a fun experience for the new golfer and for those Junior golfers that have played before.



OPEN TO >>>>>>>>>

Ages 8 - 14

CAMP INCLUDES >>>>>>>>>

- 15 Hours Of Instruction
- Skills Stations
- Drills - Exercises
- Contests



\$130
per camper

JUNE 22 - 26
JULY 13 - 17
AUGUST 3 - 7

MONDAY - FRIDAY
9:00a - 12:00p

Campers paired by experience level



Get Golf Ready: Adults

Just like the Juniors Get Golf Ready program, this is designed for those with little to no experience. It will teach swing fundamentals, etiquette, and course navigation through engaging group lessons. You'll find the best moments in the game.

This year we are offering two options, Foundational and Rapid Get Golf Ready programs. The Rapid program meets six times in a two week period. Providing the same great instruction with more time for you to get on the course quicker and practice.

FOUNDATIONAL

June 6 - July 11
August 8 - Sept 12
Saturdays | 11:00 - 11:45a

RAPID

May 19 - 28
June 16 - 25
August 11 - 20
Tues, Wed & Thur
5:30 - 6:15p



Basic Fee - \$130
Premium Fee - \$480

- includes -
Men's/Women's Set of Clubs,
Golf Bag, 3 Rounds of Golf w/Riding
Cart and Range Balls



AGF Adult Player Development

NEW AGF Players and Returning AGF Players take advantage of this opportunity just for you!

Receive UNLIMITED Golf (after 2 pm), UNLIMITED Riding Carts & UNLIMITED Range Balls! *Program included in an AGF Membership.

NEW AGF - \$1170

RENEWING AGF - \$1270

SCORE Short Game School

New Class!

New 1.5 Hour Class! Learn new techniques to help better your game! Class will focus on wedge shots of less than 40 yards, putting and reading greens.

This class will help explore golf mechanics and how to become more proficient on and around the green.

May 13 August 8
June 6 August 12
June 17 September 12
July 11

- Adults 18+
- Wednesdays or Saturdays
- 12:00 - 1:30p
- \$100

Better Golf Program

New Class!

May 13 | June 17 | August 12

FORE Seniors

Designed for Senior Golfers to get more enjoyment from the game! Class will focus on making better ball contact, techniques to increase head speed, and becoming a better wedge player. Bring your entire group!

- Adults 60+ • Wednesdays | 8:00 - 9:00a • \$65

FORE Women

Designed specifically for Women Golfers to play better and have more fun while they play! PGA Professionals will lead you through simple techniques of chipping, pitching, putting, and full swing. It is a low-pressure environment, allowing for more enjoyment for all participants.

- Women 18+ • Wednesdays | 9:30 - 11:00a • \$100





Quick Pocket Golf Tips

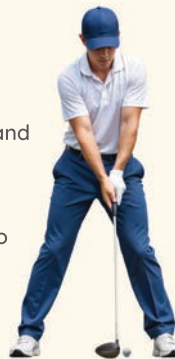
Power Points of the Golf Swing

by Dan Polites, PGA Professional

Looking to add more distance and confidence to your swing? These quick pocket tips focus on the five most important power points of the golf swing. Simple adjustments in your hands, body turn, and weight shift can make a big difference. Bring the noise starting with your very next shot.

1 LOAD & UN-LOAD THE HANDS

- ✓ Point the toe of the club to the sky at both hips by cocking and uncocking the hands
- ✓ Keep grip pressure light — around 5–6 on a scale of 1–10
- ✓ Unload as the right hand turns over the left from back hip to forward hip
- ✓ More load + more unload = more POWER
- ✓ Start with mini-swings and build to full swings



2 BODY TURN

- ✓ Front shoulder turns under the chin 90°, hips turn 45°
- ✓ Backswing rhythm: smooth 1–2 count
- ✓ Bigger turn = bigger power
- ✓ Stay centered — avoid swaying
- ✓ Improve flexibility through exercises



POWER MOVE = Smooth back, fast through. Speed comes last.

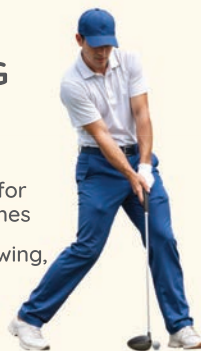
3 WEIGHT TRANSFER

- ✓ Shift 70% of weight to the back side on the backswing
- ✓ Shift 70% forward on the downswing, finishing 90% on the front leg
- ✓ Body faces the target on follow through, hands finish high
- ✓ Weight moves on the insides of the feet with a controlled inward roll throughout swing



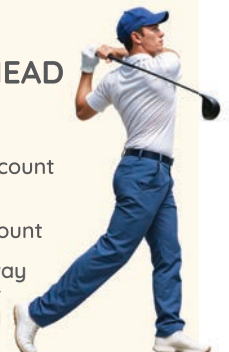
4 SWING PATH

- ✓ Take the club straight back for the first 18 inches
- ✓ On the downswing, reroute from inside to the outside
- ✓ Aim for the inside corner of the ball
- ✓ Sync swing path with unloading of the hands
- ✓ Use drills to reinforce the motion



5 CLUBHEAD SPEED

- ✓ Backswing: 1–2 count
- ✓ Downswing: accelerated 3 count
- ✓ Smooth takeaway and top of your swing » gradual acceleration
- ✓ Max speed should be 70–80% of full power
- ✓ Extend the follow-through for added clubhead speed



THIS ISN'T JUST ANY GOLF CAMP, IT'S A...

PGA JUNIORS CAMP



**JUNE
22 - 26**

**JULY
6 - 10**

When it comes to learning the game of golf, nothing is quite like a PGA Camp. To be the best, you must learn from the best. Dan Polites, our junior golf Camp Director has been trained and tested in all aspects of the game by the PGA of America. He is certified in junior-specific instruction, techniques, and strategies. He understands the most effective ways to approach each lesson, helping to ensure each student gets the most out of every session. Here, it's about two things—golf and fun.

We provide a supportive and safe environment for your children to improve their golf game. We teach golf's traditions. We teach its techniques. We just do it in a way that lets your kids be kids, which is the most important part of it all.

For registration to the Scott AFB PGA Junior Camps call 888.PGA.PLAY (888-742-7529) or visit pgajuniorgolfcamps.com.



Half Day SAFB Summer Camps

**\$250
per student**

2 Sessions: June 22 - 26 | July 6 - 10

9:00 am - 12:00 pm Ages 7 - 13

Camp Highlights:

- Action-packed camps include hands-on instruction led by certified PGA Professionals
- Signature PGA camp curriculum focuses on developing golf skills (full swing, short game, rules and etiquette) while keeping the experience fun and engaging (games and activities)
- A fun, safe and educational environment designed with your child's well being in mind
- Low student to instructor ratio (approximately 6:1)



Dan Polites
PGA - Camp Director

Dan, a PGA member since 1992, is the Chair of the Gateway PGA T&C Committee, a Gateway PGA Board Member 2019-20, and hold certifications in PGA Teaching & Coaching. Dan has been presented distinguished PGA Awards to include the Bill Strausbaugh Award 2019 and the Horton Smith Award '97, '98 and 2018. Danks honors include Illinois Coaches Association Golf Hall of Fame Class of 2018, Golf Digest Top Teachers in Illinois and YMCA Illinois Volunteer of Year. Additionally, Dan is the author of "Golf For Rookies". Dan's coaching history spans 24 seasons for the Althoff Catholic High School Boy's Team.

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GOLF

LESSONS

ON-COURSE



BEGINNER CLASS

AGE 16+

*No experience required

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with focus on players in their first year of golf or those looking for a fresh start & new perspective.

CLINIC FOCUS

- Each lesson will focus on learning the game from the green to the tee, with emphasis on shots around the green
- Build each players game around their personal preference
- Learn strategies and shot selection to make the most of own ability level

PROGRAM DATES:

April 17 - May 15

May 29 - June 26

July 31 - Aug 28

Fall Dates Pending

MINIMUM 4 STUDENTS

Guaranteed < 10:1 student-to-teacher ratio

📍 CARDINAL CREEK GOLF COURSE 🌐 WWW.375FSS.COM/GOLF

● ZACH PETERS

PGA Professional

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Cardinal Creek Golf Course

